



Meeting People ***Where They Are***

Achieving Mental Wellness In Our Community



www.SummitCounseling.org

2020–21 Annual Report



"Due to Covid-19 the daily lives of students have changed, and new challenges have presented themselves. Fulton County partnered with Summit Counseling Center to bring therapy services to students to ensure they knew that it was ok not to be ok."

— LaTrina Foster, Director of the Department of Behavioral Health and Developmental Disabilities, Fulton County Government

Summit **Mission & Vision**

The Summit is a leading 501c3 non-profit outpatient counseling center serving all six major North Fulton cities with additional locations in both DeKalb and Gwinnett Counties.

The Summit Counseling Center provides professional counseling, consultation and education services utilizing an integrated approach to care for the whole person – Body, Mind, Spirit, and Relationships.

*With your support, The Summit envisions a community where everyone, without exception, will have full access to professional behavioral healthcare services. **Together, we can make a difference by removing the barriers to Awareness, Accessibility and Affordability that stand in the way of mental health in our community.***



A Message from Executive Director,

David M. Smith

Dear Friends of The Summit,

What a challenging and blessed year it has been! We certainly did not think that a virus literally named for COVID-(20)19 would still be here and having impacts in 2021! However, due to the stress of the past year and half, a substantially higher number of kids, teens, adults and seniors suffer in silence with increased anxiety, depression, grief, isolation, financial stress, relational conflicts, suicidal ideation, trauma, as well as job uncertainty and more.

Yet, despite the logistical challenges we have adapted and learned a lot! Through your on-going support, our therapists are “meeting people where they are” virtually anywhere, more than ever before... at home, at school, at their office or ours... in-person or via telehealth!

The Summit has continued to be blessed by your generous sacrificial giving and advocacy through online giving, in-kind gifts, volunteering, stocks, charitable giving funds, event sponsorships, business partnerships, family foundation grants and government support.

Your support continues to move mountains (barriers) by providing tens of thousands of life-giving and life-saving clinical hours to thousands of people this past year by making counseling acceptable (removing stigma), accessible (increasing access) and affordable (reducing cost).

This and every Summit Annual Report is a heartfelt gratitude report. Gratitude for your passion. Gratitude for your compassion. Gratitude for our partnership, in bringing hope and healing to your families and neighbors, through our shared mission at The Summit.

Now more than ever, my prayer is that your family's every need will be met abundantly as you continue your faithful support of bringing hope and healing to the hurting families of our community.

May peace and joy be yours this season and may the coming year be a time of hope and blessing for you and your family!

David M. Smith, Executive Director
The Summit Counseling Center



Matthew: A Client Story

Matthew (not his real name) was a teenager in a local high school who started working with our Summit OnSite (SOS) program due to his severe depression and failing grades. After some very stressful life events, he also began feeling suicidal. Our SOS therapist recognized the warning signs and developed a safety plan with Matthew and his parents to ensure his safety. Due to his trusting relationship with our therapist, Matthew eventually shared that he could no longer keep himself safe. We connected Matthew and his parents with a brief, intensive program to stabilize him and start medication for depression.

After leaving the program, Matthew returned to our care and started our Dialectical Behavior Therapy (DBT) program, which included group and individual therapy to help with regulating his emotions when feeling upset. His therapist also engaged the client and his parents in family therapy to surround him with support. After completing the DBT program, Matthew shared that he was feeling much better - his depression had gone down considerably, and he was participating in sports again and working in an after-school job. Matthew continued in therapy at his request for the next year to pursue positive growth in his life. He set goals to improve his grades, develop close friendships, improve communication with his family, graduate high school, and enter college. During his last session before leaving for the college of his choice, Matthew looked his therapist in the eye and said, "Thank you for everything - you guys saved my life."

This is the joy we get to participate in at The Summit – watching the power of healing in action, watching our clients embrace love and truth and ultimately find peace of mind.



“Summit Counseling Center provides on-site school supports to students within the Fulton County School District. Through Covid-19, they have continued to show strong partnership by supporting our students in multiple and innovative ways.”

— Dr. Mike Looney, Superintendent, Fulton County Schools

2020-21 Highlights

Summit Onsite Program (School-Based Therapy)

Research shows that students are more likely to seek counseling when services are available in schools. That is why The Summit partners with local private schools and public school districts to provide school-based counseling services in our community.

This past year, 17 Summit OnSite therapists provided services to 379 students in 27 elementary, middle and high schools throughout the north Atlanta suburbs.

School-based services include: Individual and group therapy for students, consultation with school administrators, mental health awareness presentations for parents and teachers and suicide prevention training for students, staff and parents.



2020-21 Highlights (cont.)

FY 2020–21 Fund-Raising Events

The Summit held three successful, seasonal fund-raising efforts in Fiscal Year 2020-21. Each event provided a meaningful opportunity for The Summit's supporters to come together to make a huge difference by raising funds to help The Summit's therapists *"meet people where (ever) they are."*



Winter & Spring- Summit Golf Classic

The Summit was able to hold two successful golf tournaments at Country Club of the South within a six month period (Nov 2, 2020 and April 5, 2021). This allowed individuals to support the mission while participating in an outdoor event that maximized Covid-19 safety protocols. In combination, the two tournaments raised over **\$215,000**.



Winter - Giving Tuesday Year End Giving Campaign

During November and December of 2020, The Summit embarked on a joint Giving Tuesday and year-end fundraising campaign. Giving Tuesday generated a total raised of **\$22,290** to include a generous donation of **\$10,000** from North Point Community Church. The year-end fundraising appeal generated a tremendous **\$51,951**. The two campaigns raised an outstanding total of **\$74,241**.



Summer - Summit Gala

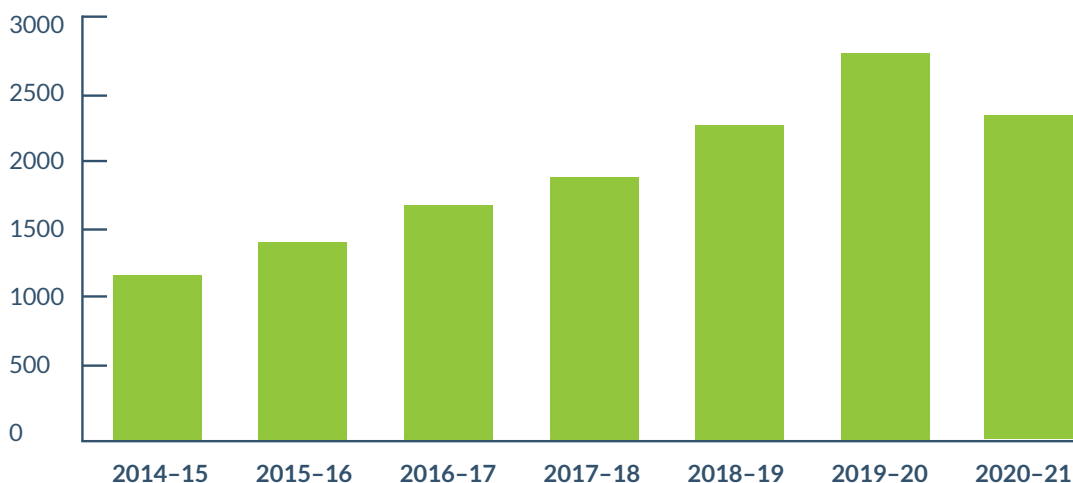
Hayden Hurst of the Atlanta Falcons joined us on June 12, 2021 to share his incredible mental health journey during an intimate onstage interview with Russ Spencer. Over 275 Summit supporters dressed to impress for this remarkable evening of giving back. The event raised over **\$270,000** to promote community mental wellness throughout the neighborhoods of North Fulton.

Meeting More Clients

Where They Are

Each year The Summit and supporters have risen to the challenge to serve the growing number of clients in need of behavioral health services.

2386 Clients Served in 2020-2021



Therapy Hours

19,396

Subsidized Funds

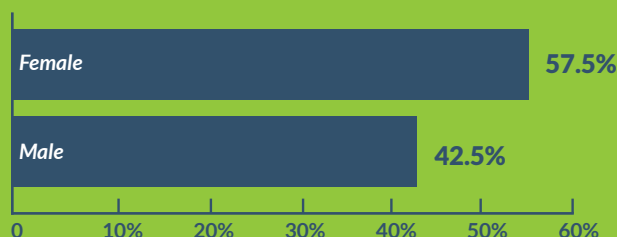
\$884,765

** Decrease in the 20-21 clients served was directly correlated to our offices being closed for five months due to COVID-19 and solely relying on telehealth to serve our clients during this unprecedented time.*

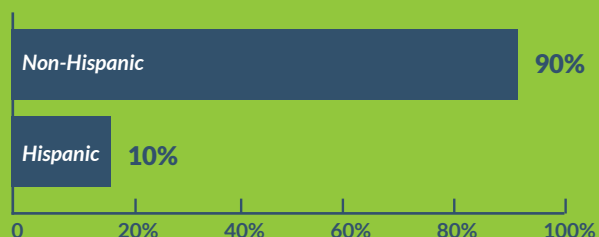
Meeting People At Their Point Of Need

When it comes to mental health, one size does not fit all. Our services at The Summit are designed to meet each individual where they are, at every age and stage of life.

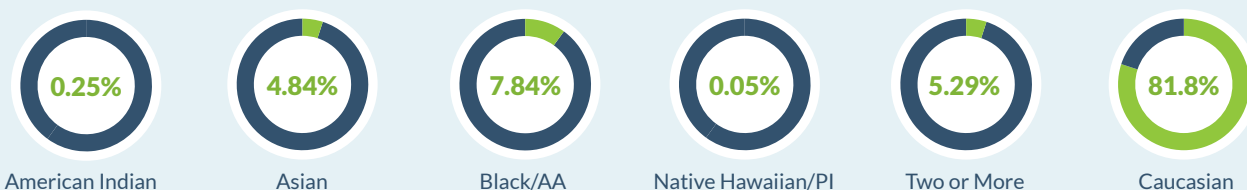
Gender



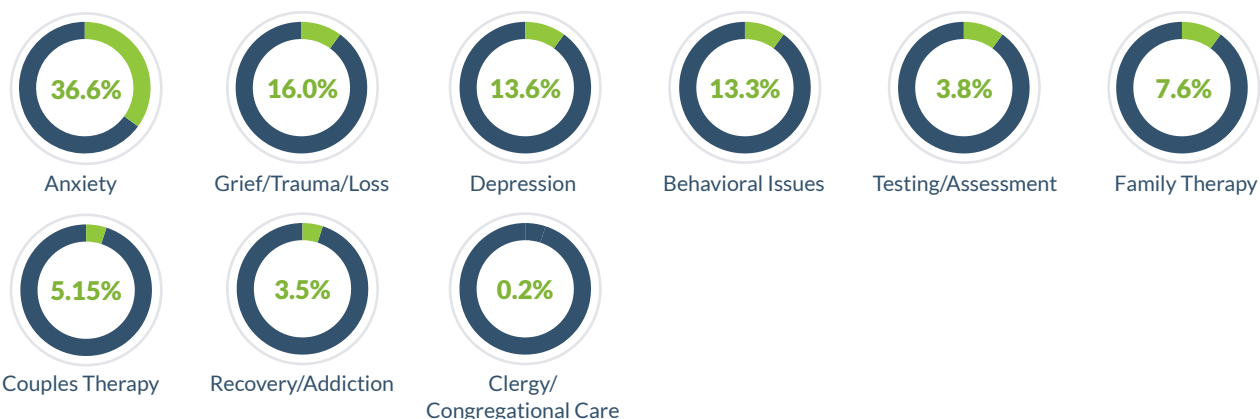
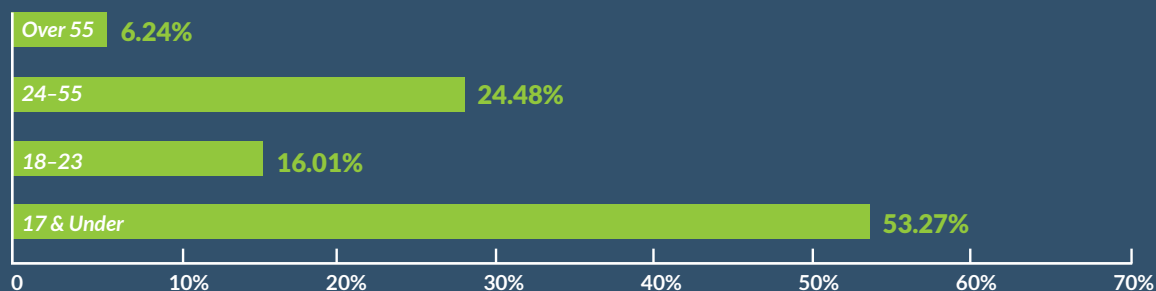
Ethnicity



Race



Age

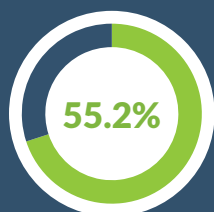




Meeting People

Throughout Our Community

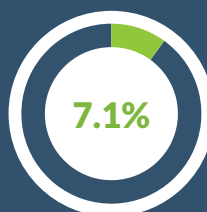
The Summit has historically seen clients almost exclusively from North Fulton. Today, we are seeing a growing number from surrounding counties as indicated below.



Fulton



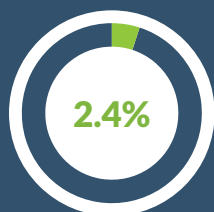
Gwinnett



Forsyth



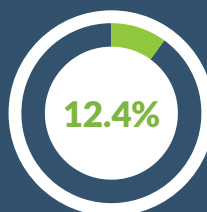
DeKalb



Cobb



Cherokee



Other

Our Wonderful Donors That

Support The Mission Of The Summit

\$50,000-\$99,999

John & Susie Trautwein

\$25,000-\$49,999

Bruce & Bridget Barfield

Andy & Margaret Gibson

J. David & Cindy Smith

Marshall & Terri Turner

Doug Williams

\$10,000-\$24,999

Jay & Diane Geier

Keith & Wesley Griffin

Chuck & Lori McElroy

Fran & Mary Millar

Bob & Judy Murphy

John & Rhonda ODonnell

Jim & Kathie Pope

Mark & Jane Schilling

Mark & Marianne Smith

Dean & Barbara Williams

\$5,000-\$9,999

Ken Abele

Kent & Mary Butler

Bob & Jan Collins

Mike & Lori Dudgeon

Steve Korb

Mitchell Lewis

Bill & Vivian McLendon

David & Vicki Smith

Michael & Elizabeth Thompson

Mike & Sheri Verroi

William Vogel

Cynthia Weaver

\$2,500-\$4,999

Janet Baker

Jeremy Cook

Dianne Davenport

Brian Fortner

D. R. Grimes

Wallace & Linda Haislip

Justin & Laura Hester

Jerry & Cathy Hurst

Quentin & Cynthia Jones

Tommy & Mariana Kane

Jay & Sue Kirchoff

Charley & Julie Malmquist

Paul McKinnis

Steve Powers

Paul Rozeman

Erik Stone

Scott & Stacey Vansant

Robert Vernay

Brian Washburne

\$1,000-\$2,499

Jerry Aurelio

Susan Badia

Jeff & Jennifer Barnard

Thomas & Lisa Bever

Charles & Minnie Buffington

Chris Burnett

Keith & Jenny Cooper

Wendy Crowell

Clive Davis

Ragan DeFreese

Daniel Dorfman

Andy & Karen Drexler

Wesley, Jr. Duesenberg

Bob, Sr. & Glenda Fincher

Ken Fleming

Patrick & Karen Ford

Lawrence Golen

Ali Howard

Greg & Amanda Jacobs

Phil & Barbara Johnson

Todd Jones

Bruce Karrasch

Dave & Dia Kelly

Richard & Gloria Kerns

Brooks Kieffer

Todd & Lisa Kohout

Dr. Chris & Denise Leggett

Sidney & Kenney Linton

Carlton Maner

Rebecca Marshall

Gloria Mattei

Carl McGehee

Charles Medlin

Don & Bettilee Miller

Larry & Lori Payne

Michael & April Petros

J Neal & Martha Purcell

Nancy Rizor

Paul Shiman

Edward Smith

Russ Spencer

Pamela Tallmadge

Kenneth Unger

Lyndon, MD Waugh

Jeff White

Chuck Wilkinson

Donors List *(Continued)*

\$500-\$999

JoAnn Akers
Alex Almanza
Steve Beecham
Larry & Barbara Brownlee
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Darrell & Helen Caudill
H Kenneth Cook
Kimberly Costello
Betsy Craig
Jim & Jenifer Cusick
Jon Duffie
Peter & Susan Duflo
David & Sandi Dunbar
Fred & Maggie Erler
Travis Fulmer
Chip & Mary Lou Hall
Carlin Hanza
Terry & Connie Horner
Robin Kilgore
Rick Lee
Robert & Janet Limyansky
Wendy Lowenthal
Marilyn Margolis
Elliott, Jr Moon
William Osterbrock
Ed & Patti Pease
Nancy Pendergast
Cameron Powers
Steven & Lauren Press
Jason & Megan Pressman
Susan Quenzer
Cleve & Donna Shultz
Katha Stuart
Udo Topp
Mike & Amy Williams

\$250-\$499

Rick Aarts
Ann Aiken
Joanne Allen
David Badia
G William Barnett
Susan Boteler
Kirven Brantley
David & Joyce Bryant
Charles Burts
Gay Coleman
David Cox
Eddie Epps
Allen & Barbara Freeman
Daniel Getzewich
Kimberly Godwin
Patricia Harriman
Blake Head
Carol Hickey
Jeff Jenkins
Tabetha Jordan
McKenna Kandler
David Love
Troy & Michelle Mathis
Stephen & Linda McCain
Tom Pye
Steve Scott
Lee Sertich
Jamee Taylor
Richard Thayer
Neil Wadhwani
Jim Williams
James, Jr Williams
Chris & Amanda York

Our Amazing Community Partners That Support The Mission Of The Summit

We value our relationship with these schools, businesses, non-profit organizations, foundations and faith communities that relate to us as an extension of their own mission and support us through an ongoing referral relationship.



Jesse Parkers Williams Fund

*John & Mary Franklin
Foundation*

*Kevin & Margaret Hines
Foundation*



Walter G. Canipe Foundation



WALTON
COMMUNITIES



Our Fantastic Business Partners That
Support The Mission Of The Summit





Meeting People Where They Are **Through Servant Leadership**

Summit Counseling is blessed with a dedicated group of Board Members with diversified experience and expertise who are committed to the mission of The Summit.

Our Board of Directors

J. David Smith, Board Chair

Karen Ford, Board Member

Andy Gibson, Board Member

Keith Griffin, Board Member

Justin Y. Hester, Board Member

Quentin "Q" Jones, Board Member

Todd Kohout, Board Member

Dr. Chris Leggett, Board Member

Chuck McElroy, Board Member

Bill McLendon, Board Member

Fran Millar, Board Member

Jim Pope, Board Member

Jane Schilling, Board Member

Marshall Turner, Board Member

Barbara Williams, Board Member

Rev. Steve Wood, Ex-Officio
Board Member

Helen Caudill, Ex-Officio Board Member

Rev. David M. Smith, Executive Director



How To Help People

Where They Are

A gift of any size can go a long way in the effort to make services available to all persons without regard to their ability to pay. Our goal in generosity is 100% participation.

Which is easiest for you?

Online at secure site:
1. SummitCounseling.org/give

Or mail your check to:
2. Summit Counseling
2750 Old Alabama Rd., #200
Johns Creek, GA 30022

All Gifts To The Summit Are Tax-Deductible.

Your gift will make such a big difference in our quest to help families thrive.



www.SummitCounseling.org
678-893-5300

The Summit Counseling Locations

Since 1990, The Summit has been a trusted community partner; bringing hope, healing, and restoration to children, teens, adults, couples, and families. Through our partnerships with local community organizations, The Summit serves North Atlanta at 32 locations. Whatever your background, you will find us respectful, open and encouraging.

1. Main Office

2750 Old Alabama Rd, Suite 200,
Johns Creek, GA 30022

2. Dunwoody Satellite Location

Dunwoody UMC,
1548 Mt. Vernon Rd., Dunwoody, GA 30338

3. Johns Creek Satellite Location

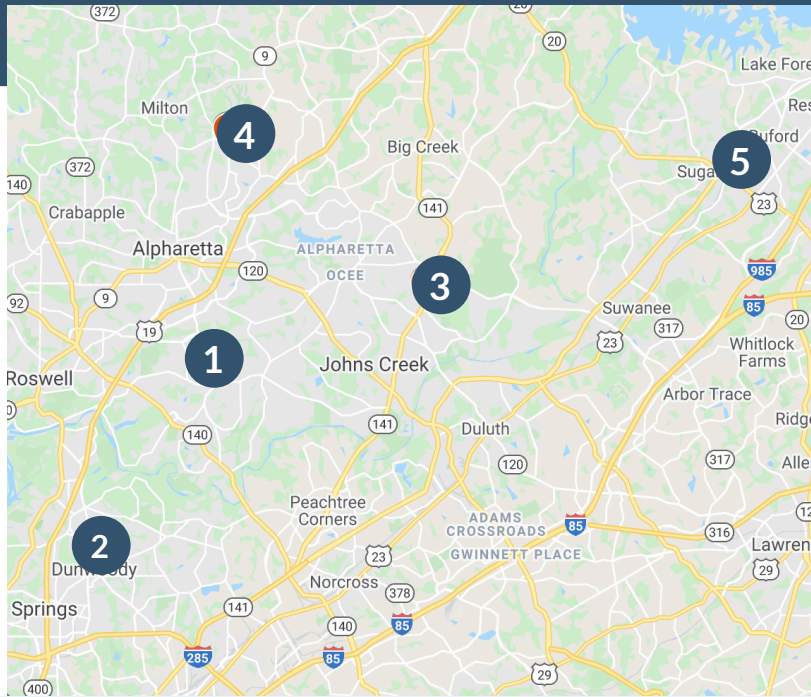
Johns Creek UMC
11180 Medlock Bridge Rd, Johns Creek, GA 30097

4. Milton Satellite Location

Bethany Bend Village
13680 Highway 9 North, Building G, Suite 500
Milton, GA 30004

5. Sugar Hill Satellite Location

Church On The Hill
4600 Nelson Brogdon Blvd, Sugar Hill, GA 30518



Summit OnSite Locations

Abbotts Hill Elementary School

5575 Abbotts Bridge Rd
Johns Creek, GA 30097

Alpharetta High School

3595 Webb Bridge Rd.
Alpharetta, GA 30005

Autrey Mill Middle School

4110 Old Alabama Rd.
Johns Creek, GA 30005

Barnwell Elementary School

9425 Barnwell Rd
Johns Creek, GA 30022

Birmingham Falls Elementary School

14865 Birmingham Hwy
Milton, GA 30004

Cambridge High School

2845 Bethany Bend
Milton, GA 30004

Chattahoochee High School

5230 Taylor Rd
Johns Creek, GA 30022

Crabapple Crossing Elementary School

12775 Birmingham Hwy.
Milton, GA 30004

Crabapple Middle School

10700 Crabapple Rd
Roswell, GA 30075

Creek View Elementary School

3995 Webb Bridge Rd
Alpharetta, GA 30005

Dolvin Elementary School

10495 Jones Bridge Rd
Johns Creek, GA 30022

Dunwoody High School

5035 Vermack Rd
Dunwoody, GA 30338

Greater Atlanta Christian School

1575 Indian Trail Lilburn Rd NW,
Norcross, GA 30093

Hopewell Middle School

13060 Cogburn Rd
Alpharetta, GA 30004

Innovation Academy

125 Milton Avenue
Alpharetta, GA 30009

Johns Creek High School

5575 State Bridge Rd.
Johns Creek, GA 30022

Milton High School

13025 Birmingham Hwy.
Milton, GA 30004

Mountain Park Elementary School

11895 Mountain Park Rd.,
Roswell, GA 30075

Northview High School

10625 Parsons Rd.
Johns Creek, GA 30097

Northwestern Middle School

12805 Birmingham Hwy.
Milton, GA 30004

Ocee Elementary School

4375 Kimball Bridge Rd
Johns Creek, GA 30022

Peachtree Middle School

4664 N Peachtree Rd
Atlanta, GA 30338

River Trail Middle School

10795 Rogers Circle
Johns Creek, GA 30097

Summit Hill Elementary School

13855 Providence Rd
Alpharetta, GA 30004

Sweet Apple Elementary School

12025 Etris Road
Roswell, GA 3007

Taylor Road Middle School

5150 Taylor Rd
Johns Creek, GA 30022

Webb Bridge Middle School

4455 Webb Bridge Rd
Alpharetta, GA 30005