







**Together, we
can make a
difference.**

**When “I” is
replaced with
“We”, even
illness
becomes
wellness.**



The North Fulton Mental Health Collaborative is normalizing the conversation surrounding mental health through engaging community leaders and families in an on-going dialogue to promote mental health awareness and suicide prevention in our faith communities, schools, businesses, and community at large.

Contact Us

-  North Fulton Mental Health Collaborative
-  Summit Counseling - Atlanta
-  dbrown@summitcounseling.org
-  summitcounseling.org

Since 1990, the Summit Counseling Center has brought hope and healing to people in need at every stage of life providing a wide range of specialty services for individuals, couples, and families. Summit therapists offer professional counseling integrating body, mind, spirit, and relationships.



(678) 893-5300
summitcounseling.org



**Mental Health
Awareness
Program**

Our Trainings

soulshop

Soul Shop

A 2 or 6-hour interactive workshop that equips faith community leaders and other people of faith to train their congregations to minister to those impacted by suicidal desperation.



QPR - Question, Persuade, Refer

A 1.5-hour training that teaches how to recognize the warning signs of a suicide crisis and how to Question, Persuade, and Refer someone to help.



Connections Matter

A 4-hour course designed to engage community members in building caring connections to improve resiliency, prevent childhood trauma, and understand how our interactions with others can support those who have experienced trauma.



Signs of Suicide: Trusted Adult Training

A 1.5-hour workshop designed to educate and train adults that interface with middle and high school students to recognize the warning signs of at-risk adolescents and how to take appropriate action.



Community Resiliency Model (CRM)

A 3 or 6-hour course designed to help create trauma-informed and resiliency-focused communities that share a common understanding of the impact of trauma and chronic stress on the nervous system and how resiliency can be restored or increased.

Schedule a Training for Your Business or Organization

Email Darrick Brown, Mental Health Awareness Program Coordinator, at
DBrown@summitcounseling.org

Take a Free Mental Health Screening

Receive help determining if recent thoughts or actions may be associated with a treatable mental health issue.

Visit screening.mentalhealthscreening.org/summit



Crisis Lines and Local Resources

The Summit Counseling Center

678-893-5300 | summitcounseling.org

Georgia Crisis & Access Line (GCAL)

1-800-715-4225

MyGCAL app for text and chat services

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

suicidepreventionlifeline.org

The Trevor Project: Hotline for LGBTQ+ Youth

1-866-488-7386 | thetrevorproject.org

Fulton County Behavioral Health and Developmental Disabilities

770-722-0080

United Way of Greater Atlanta

211 | 211online.unitedwayatlanta.org